



Q'S TAEKWONDO AND FITNESS
BALTIMORE COUNTY, MD

www.qtkdandfitness.com

Cranbrook Shopping Center
572 Cranbrook Road
Cockeysville, MD 21030
(443) 929-8917
qtkdandfitness@gmail.com

COLOR BELT CLASS SCHEDULE (6-12yo)

MONDAY (Forms)	TUESDAY	WEDNESDAY (Sparring)	THURSDAY	FRIDAY	SATURDAY
6pm – 6:50pm	6:40pm – 7:30pm	6pm – 6:50pm	6:40pm – 7:30pm	6pm – 6:50pm	10:20am – 11:10am (All Belts)